MINUTES OF THE FEBRUARY 14, 2017 MEETING OF THE ADVISORY COMMISSION ON AGING **American Legion Memorial Civic Center**

Morton Grove, Illinois 60053

Pursuant to proper notice in accordance with the Open Meetings Act, the regular meeting of the Advisory Commission on Aging was called to order at 1:05 p.m. by Chairperson Marrazzo. The roll was called. In attendance were:

Members of Commission Present: Chairperson Ann Marrazzo,

> Commissioners Alice Rupkey, Agnes Quinn, Iris Nason, and Dr. Alma

Labunski

Members Absent Commissioner Nancy Lanning

John Thill, Trustee Liaison

Tom Friel, Assistant to the Village Administrator Village/Staff Present:

Visitors Present: Shannon Campbell, MG Senior Housing, 9016

Waukegan

Joe Bruntmyer, MG Park District Celeste & Miguel, residents Kate Paz, Mather LifeWays

The minutes were approved with one change. Commissioner Rupkey asked the Village to supply a bus not Chairperson Marrazzo. Commissioner Quinn moved to approve the minutes, with the change noted, of January 10, 2017. The minutes were seconded by Commissioner Labunski and were unanimously approved.

Old Business:

There was no old business to discuss.

New Business

Commissioner Rupkey distributed a sheet stating the purpose of the Commission on Aging. Mr. Friel stated the purpose of all Village Commissions is stated in the Municipal Code book.

Ms. Paz stated anyone calling the senior hotline is directed to various programs available to seniors and the Village social worker can direct interested parties with any specific help requested.

Mr. Friel stated the Village wants to make information available to residents. Ms. Paz again stated it would be wise to direct the resident to the Village social worker, Rebekah Philippart, and let her help the residents in anyway needed. Ms. Paz suggested bringing all information that would be placed out for residents are directed to the social worker first and let her decide which resources should be placed out for residents to review.

Mr. Friel stated that disposal of medications will be placed in the next exchange per Commission Rupkey's request. Ms. Paz stated that information is placed everywhere possible so that medication disposal is done correctly. Bring medications to the senior center and it will be disposed of properly.

Chairperson Marrazzo stated at the Police department attends various luncheons and explains different types of scams taking place and for residents to beware.

Mr. Friel stated at the next meeting he would bring in a draft copy for the Commission members to review referencing powers and purpose of the Commission.

Report from Commissioners

Commissioner Labunski reported about a request from ComEd to sign up for reduced electric rates means you sign up for them to control your heat and electric during peak hours of need. It is not a scam but something to be aware of.

Liaison Reports

There are no new liaison reports.

Comments from Visitor

Ms. Paz, Mather LifeWays, stated February is Heart Healthy month. There will be discussion to better protect and monitor heart health along with Blood Pressure and Diabetes screening available on February 15, 2017.

Joe Bruntmyer, MG Park District, stated there are many interesting trips available through the Park in their brochure or online.

Trustee Thill stated it is restaurant month in the Village. It is to promote businesses in town. Take a \$25.00+ receipt to Village Hall and you are entered into a raffle to win a \$25.00 gift card to an additional restaurant.

The foundation has been poured at Moretti's Restaurant on Dempster St.

Ms. Campbell is employed by North Shore Senior Center as the Social Service Coordinator, stated the "White House" apartment building on Dempster St. is privately owned and managed and the residents receive subsidy through the Federal

Government through HUD. She helps with resource connection. There are 56 one and two bedroom apartments. Residents must qualify to live there.

Adjournment

There being no further business, Commissioner Labunski moved to adjourn the meeting at 2:17 pm. The motion was seconded by Commissioner Nason and approved unanimously pursuant to a voice vote.

Next regular meeting is scheduled for 1:00 pm, March 14, 2017, and will be held at the American Legion Memorial Civic Center.

