



Canine Food Guide

Toxic & Hazardous Foods to Avoid

Beverages:



1. Alcohol (wine, liquor, beer):

- Liquor-infused desserts
- *Causes:* seizures, respiratory depression, altered activity, incoordination.

2. Hops pellets:

- Highly concentrated, used to brew beer.
- *Causes:* fever, restlessness, panting, vomiting.

3. Caffeine:

- Coffee, tea, energy drinks and bars, diet pills.
- *Causes:* hyperactivity, panting, seizures, muscle twitching, increased urination.

Produce:

1. Onions, Garlic, Shallots, Chives, Leeks:

- Small amount can damage red blood cells.
- *Causes:* panting, weakness, drooling, pale gums.

2. Mushrooms:

- Wild varieties can trigger numerous organ systems.
- *Causes:* seizures, coma, vomiting.



Milk & Dairy:

- Pets lack lactase (the enzyme needed to digest lactose).
- *Causes:* upset stomach, diarrhea.



Dough:



1. Yeast dough:

- Expands in digestive system, releasing gas.
- *Causes:* vomiting, nausea, diarrhea, stomach bloat.

2. Homemade play dough:

- Salt toxicity can be fast acting and lethal.
- *Causes:* vomiting, diarrhea, seizures, tremors.

3. Homemade salt dough:

- Commonly used to make holiday ornaments.
- Salt consumption can be quick and lethal.
- *Causes:* vomiting, diarrhea, seizures, tremors.

URGENT
Immediate veterinary care recommended

Harvest:

1. Apricots, Peaches, Plums, Cherries:

- Stems, pits, and leaves contain cyanide.
- *Causes:* difficulty breathing, panting, shock.

2. Grapes & Raisins:

- Just a few can cause kidney failure in dogs.
- *Causes:* vomiting, lethargy, diarrhea.

3. Rhubarb:

- Leaves are toxic.
- *Causes:* drooling, vomiting, weakness, tetany, seizures, kidney damage.



Nuts:



Almonds, Pecans, Walnuts, Pistachios, Macadamia nuts, Hickory nuts:

- High fat causes: upset stomach & pancreatitis.
- Moldy walnuts can cause: seizures, vomiting, tremors.

Sweets:



1. Xylitol:

- Sugar substitute in gum, candy, toothpaste, children's vitamins, some peanut butters.
- *Causes:* vomiting, weakness, seizures, liver failure.

2. Chocolate:

- The quantity and level of cocoa will vary toxicity.
- *Causes:* vomiting, diarrhea, tremors, hyperactivity, seizures.

Main Course:



1. Fatty foods & Fat trimmings:

- Burgers, pizza, ribs, chicken wings, salmon, etc.
- *Causes:* upset stomach, nausea, vomiting, pancreatitis.

2. Bones:

- Cooked, can splinter, causing internal lacerations, obstruction, choking.
- *Causes:* vomiting, lethargy, diarrhea, abdominal discomfort, drooling.

3. Raw meat & Fish:

- Can contain salmonella and E. coli.
- *Causes:* vomiting, fever, enlarged lymph nodes.

4. Raw salmon:

- Most common in the Pacific Northwest, freshwater fish carrying infected parasites can poison pets if eaten raw.
- *Causes:* vomiting, fever, diarrhea, weakness, swollen lymph nodes.

5. Raw eggs:

- May contain harmful bacteria and risk of salmonella toxicity.
- Long-term ingestion of raw egg whites can lead to biotin deficiency.