

# The Exchange

**SPECIAL COVID-19 EDITION** 

**MAY 2020** 

### A Message from Mayor DiMaria

Dear Morton Grovers,

These are extraordinary times. Our village, nation and world are battling a lethal invisible enemy that has claimed thousands of lives and millions of livelihoods. People with mild or no symptoms can unknowingly transmit COVID-19 to coworkers and neighbors, and some, especially people over the age of 65 or who have other health conditions, can become very sick or die.

To protect each other, the Governor has ordered most Illinoisans to stay home. Our children are unable to attend school; eighth graders and seniors must forego their graduation ceremonies. We have intentionally gone from a thriving economy to record unemployment. Thousands of small businesses have closed their doors, some for good. Yet, as difficult as the "Stay Home" Order has been, it is working. To date Morton Grove has just over 120 reported cases - far less than earlier predicted.

I am inspired by how our community has come together to beat this virus. I thank everyone who has supported our local restaurants by ordering from delivery and take-out menus. We are donating, volunteering where we can, and we are looking in

**Morton Grove Executive Directive** 

### Face Coverings are Required to Reduce the Spread of COVID-19

For more information, read Morton Grove's Executive Directive at mortongroveil.org

### When you are <u>required</u> to wear a face covering:



Working in essential businesses and operations



Engaging in essential activities such as shopping for necessary supplies or visiting the doctor



Riding on public transport, taxis, or ride shares

#### **GENERAL PUBLIC FACE COVERINGS**



Homemade masks, scarves, bandannas or handkerchiefs

### When it's okay <u>not</u> to wear a face covering



Outdoor activity (walking, running, hiking, or biking) while maintaining 6ft apart



When alone or with <u>household</u> <u>members</u> in a separate single space



Riding in a personal vehicle

#### **MEDICAL PROVIDER FACE COVERINGS**



Medical grade masks and N-95 respirators

on our neighbors. While most of us stay safe at home, our health care professionals, first responders, and essential job workers are risking their lives everyday to take care of us. I have asked residents who must leave their homes to wear a cloth face covering. Most of you have done so, and I am grateful.

We have months of tough times and uncertainty ahead. I am confident we will get through this together. Please take care of yourself and each other. God bless each of you, God Bless Morton Grove and God Bless America.



#### Your Mayor, Dan DiMaria



### **Village Services During COVID-19**

- · All Village buildings are closed to the public.
- Civic Center rentals and senior programing are suspended.
- Police, Fire, Ambulance and EMS services remain unchanged.
- Groot has suspended picking up bulk items, but will pick up garbage that is in carts, cans or bags.
- Yard waste stickers can be purchased at both Morton Grove Walgreens stores, the Morton Grove Food Mart (Lincoln and Marmora), and Jewel (Oakton and Milwaukee in Niles)
- Essential public works, building inspections, real estate transfer stamps and Village services continue.
- Bills can be paid online, by mail or at the Village Hall parking lot drop box.

#### **Village Contact Information**

 911
 Emergencies
 (847) 965-4100
 Village Hall

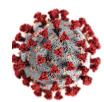
 (847) 470-5226
 Fire (Non-Emergency)
 (847) 470-5235
 Public Works

 (847) 470-5200
 Police (Non-Emergency)
 (847) 663-3070
 Civic Center



General Email: vmg@mortongroveil.org

# What you should know about COVID-19 to protect yourself and others



#### **Know about COVID-19**

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



#### **Know how COVID-19 is spread**

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



### Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcoholbased hand sanitizer that contains at least 60% alcohol.



#### **Practice social distancing**

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



## Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



## Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

## **Share facts about COVID-19**

Know the facts about coronavirus (COVID-19) and help stop the spread of rumors.

FACT 1

Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

FACT 2

For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

FACT 3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



FACT 4

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- When in public, wear a cloth face covering that covers your mouth and nose.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT 5

You can help stop COVID-19 by knowing the signs and symptoms, which can include:

- Fever
- Cough
- Shortness of breath

Seek medical attention immediately if you or someone you love has emergency warning signs, including:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

cdc.gov/coronavirus



# MORTON GROVE Incredibly Close & Amazingly Open

Morton Grove Exchange The Village of Morton Grove 6101 Capulina Avenue Morton Grove, IL 60053-2985 BULK RATE U.S. Postage PAID Permit No. 22 Morton Grove IL 60053

### Village Officials

President Daniel P. DiMaria
Village Clerk Eileen Scanlon Harford
Trustees

Bill Grear | Rita Minx | Ed Ramos John Thill | Connie Travis | Janine Witko

**Village Administrator** 

Ralph E. Czerwinski

Village Attorney

Teresa Hoffman Liston

TO: POSTAL CUSTOMER MORTON GROVE, IL 60053



#### **Solid Waste Contract Renewed**

The Village recently renewed the residential solid waste collection contract with Groot. All residents will receive a brochure in the mail describing solid waste collection programs available in the new contract.

#### Highlights of the Contract

- · Weekly collection schedule and dates remain unchanged
- · Basic collection fees remain unchanged
- Voluntary landscape/food scrap (compost) collection is available - NEW OPTION
- Landscape Waste Subscription Program is available -NEW OPTION

# Village of Morton Grove 2020CENSUS

Due to the national emergency, the 2020 Census response deadline has been extended for an additional 120 days. All Census responses are due by **October 31, 2020**.

Learn more about how to respond at census.gov.

#### **Annual Vehicle Stickers**

The annual vehicle stickers for 2019-2020 are valid until August 31, 2020. The new 2020-2021 vehicle stickers will be available for purchase in June, 2020, and must be displayed by August 31, 2020.



All 2020 vehicle stickers must be purchased by mail or online. No stickers will be sold from Village Hall.

# Village Events Cancelled or Postponed Due to COVID-19

Regularly scheduled Village meetings and events are being cancelled or postponed due to COVID-19 work and travel restrictions. Residents should visit www.mortongroveil.org/covid19/ for Village updates.



Mather "Telephone Topics" are a convenient and FREE method that senior residents may use to connect to a wide range of interesting discussions. All topics are scheduled discussions.

Call the toll-free number **855-880-1246** and input the following ID number: **386 399 7030**# for any topic on the schedule. The latest schedule of Telephone Topics can be found at:

mather.com/neighborhood-programs/telephone-topics